

Physical Development

- Inventive, adventurous, stimulating play
- Fine and large motor skill
- Self confidence/self awareness
- Social skills - cooperation, consideration
- Sense of size and space
- Skills - e.g. Running, hopping, jumping, climbing, balancing, throwing and catching
- Sustained interest
- Enjoyment - sense of freedom
- Awareness of space and others
- Imaginative use of space
- Increasing confidence and skill
- Increasing control
- Understanding simple rules
- Safe use of equipment and tools